

WERE YOU BORN BIASED ... OR HAVE YOU LEARNED IT?

It's a confronting question. But the fact of the matter is that all of us have biases, many of them forming our personal version of 'automatic pilot'. As a leading ethics expert points out, though, our set patterns can have the negative influence of impairing our ability to see or do the right thing in certain situations.

In her regular Ethics column for leading publication **INTHEBLACK**, Dr Eva Tsahuridu (CPA Australia's policy adviser, professional standards and governance) examines how biases can easily translate into ingrained forms of discrimination.

Dr Tsahuridu also tackles the best ways to free up our thinking and behaviours, so that our 'rules of thumb' become much more even-handed.

AUSTRALIA'S SKILLED MIGRATION BOOM

The discussion about people coming to live in this country has become highly politicised in recent times, masking a significant trend in skilled migrants who are making Australia smarter and better prepared for the future. In fact, Australia is one of the world's top destinations for outstanding talent.

The latest issue of leading publication **INTHEBLACK** examines how attracting skilled migrants is crucial to a nation's prospects, and something many governments are keenly aware of. Luring such talent has become a campaign in itself, with more than 28-million skilled migrants now living in OECD countries ... a boom of more than 130-per cent since 1990.

Australia is one of the 'Big Four' destinations, along with the US, UK and Canada. However, there are concerns that we are significantly short-changing other nations in the process – leading to a 'brain drain' of their best and brightest.

WILL A COMPUTER SAVE YOUR LIFE ... BEFORE IT'S TOO LATE?

With healthcare systems here and around the world feeling the strain of soaring costs and stretched resources, information and communication technology is being touted as the much-needed remedy. So, how far should we expect our health to be monitored and controlled remotely, and will we have any say in the matter?

A special report in the latest issue of **INTHEBLACK** examines the growing calls for telehealth solutions, amid warnings that existing healthcare systems could be unaffordable within just a few decades unless there is serious reform.

Despite the obvious benefits for a vast country like Australia – such as improved access to specialist care – we are lagging behind other nations in modernising our health system. The report examines what telehealth solutions are available to patients right now, and why Australia is struggling to take the right medicine.

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BEATING ‘GROUNDHOG DAY’ AT WORK ... WITH SCIENCE

For many Australians, life is a grind. Workplace pressures, high debt and a range of other stressors make it hard to get on top of things. One tough workday follows another. However, it seems science – *behavioural science* to be exact – could dramatically improve our attitudes and our lot in life.

A report on **INTHEBLACK**'s [website](#) delivers the ‘Top Five’ behavioural science tips to start tipping things your way.

Ultimately, it may become impossible to avoid having a good day. [See the report here](#)

WHO’S THE BOSS? THE PROBLEM WITH EXECUTIVE COACHING

Everyone is looking for guidance and a competitive advantage – including your boss – but the increasing popularity of ‘executive coaching’ has given rise to an even bigger problem. The person training your boss may be getting paid a lot of money, but they may be teaching absolute rubbish (which you may then have to deal with).

The latest issue of leading business publication **INTHEBLACK** profiles the popular, lucrative (and unregulated) field of executive coaching.

It seems Australia is slightly better positioned than other countries, with industry guidelines being drawn up and genuine research being undertaken on the coaching industry. Finding a means to measure the improvement (or otherwise) in your boss, however, is almost impossible.

TO ORGANISE INTERVIEWS:

- **Contact Abigail Murison on 03 9606 9660 or abigail.murison@cpaaustralia.com.au**
- *(Alternatively, contact Anna Layton on 03 9606 9610 or anna.layton@cpaaustralia.com.au)*